

SPA PACKAGES

Spa Revitaliser 80 mins \$172
Back Massage followed by Aroma-Vie Facial Treatment with Hand & Foot Mitt Hydration.

Perfect Harmony 100 mins \$223
Full Body Swedish Massage followed by Aroma-Vie Facial Treatment.

Renew'sance 90 mins \$204
Spa Peel Deluxe followed by Beaute Neuve Facial.

Heaven & Earth 75 mins \$197
Indian Head Massage followed by Reflexology.

Seventh Heaven 80 mins \$197
Relaxation & Tranquility Massage with Reiki Healing.

Above & Beyond 80 mins \$226
Spa Peel Skin Polish followed by full body Swedish Massage with Self Heating Ocean Mud applied on the back.

Adam & Eve \$392 (approx. 2 hrs)

- * A candlelit Massage for two
- * His 'n' Hers side by side Zen Spa Pedicures

Gentlemen Who Prefer Spas \$300 (approx. 3 1/4 hrs)

- * Swedish Full Body Massage
- * Rejuvenating Fitness Facial
- * Zen Sports Pedicure

The Inner Sanctum Retreat \$359 (approx. 4 hrs)

- * Relaxation & Tranquility Massage
- * Hydradermie Deep Cleansing Facial
- * Upscale Nails Spa Manicure
- * Zen Spa Pedicure

Aromatic Bliss \$362 (approx. 3 1/2 hrs)

- * Aroma-Vie Facial Treatment
- * Aromatherapy Massage
- * Zen Spa Pedicure

Island Indulgence \$298 (approx. 2 1/4 hrs)

- * Spa Peel Skin Polish
- * Marine Algae Body Mask
- * Back Massage

Beach Babes \$232 (approx. 2 hrs)

- * Spa Peel Skin Polish
- * Air brush Tan Application
- * File & Polish on Fingers & Toes
- * Eyelash Tint



HAIRDRESSING

Shampoo & Style \$60 & Up

Haircut \$60 & Up

Shampoo, Cut & Style \$95 & Up

Restyle, Cut & Style \$105 & Up

Long Hair, Set & Up Do \$100 & Up

Redken Conditioning Treatment \$35

Child's Haircut \$37

Gent's Haircut & Finish \$37

HAIR COLOUR SERVICES

Highlights/Lowlights (with Cap) \$125 & Up

High/Lowlights (with Foil) 1/2 Head \$170 & Up

High/Lowlights (with Foil) Full Head \$208 & Up

Permanent Hair Colour Short \$110 Long \$120

Semi Permanent Hair Colour Short \$95 Long \$115

PERMS & RELAXERS

Perm Short \$155 Long \$170
Relaxer \$118 & Up

EXTREME DE-FRIZZING TREATMENT

MARCIA TEIXEIRA
Brazilian Keratin Treatment \$400 & Up
(Price quoted upon consultation)



KERASTASE TREATMENT RITUELS

Express Rituels \$35
Express Rituel with Treatment Concentrate \$60
Deluxe Rituels \$80
Anti-Ageing Rituel \$95



INNER
SANCTUM

Far From The Madding Crowd

SPA & SALON TREATMENT MENU

Open Every Day
9:00am to 8:00pm Mon to Fri
9:00am to 6:00pm Sat & Sun

Excluding Public Holidays

Telephone - Spa: 441 296 9009
Salon: 441 295 4808
Email: innersanctum@northrock.bm
innersanctum@bersalon.bm

BEAUTY THERAPY

FACIALS

Aroma-Vie	50 mins	\$112
Liftosome	50 mins	\$133
Beaute Neuve	50 mins	\$114
Hydradermie	70 mins	\$121
Hydradermie Plus	80 mins	\$172
Hydradermie Lift Deluxe	80 mins	\$197
Hydradermie Lift Express	55 mins	\$140
(Course of 8 to 12 treatments recommended)		
Hydradermie Lift 'Yeux' Deluxe	55 mins	\$140
Hydradermie Lift 'Yeux' Express	40 mins	\$114
(Course of 8 to 12 treatments recommended)		

EYES

Individual Eyelash Extensions (set of 3)		\$30
Additional Single Eyelash Extensions		\$12
Eyelash Tinting		\$32
Eyebrow Tinting		\$30
Eyelash and Eyebrow Tinting		\$55
Eyebrow Tint & Wax		\$43
Eyelash Perming		\$95
Eyelash Perm & Tint		\$109

MAKE-UP

Beaute Eclat Make-Up	40 mins	\$92
Make-Up App. & Lesson	50 mins	\$108

HANDS & FEET

Luxury Nail Treatment	60 mins	\$84
Upscale Nail Spa Manicure	45 mins	\$52
French Manicure	45 mins	\$52
File & Polish	25 mins	\$38
Polish Change	20 mins	\$32
Zen Spa Pedicure	60 mins	\$84

FOR MEN

Fitness Facial for Men	70 mins	\$121
Super Fitness Facial	80 mins	\$172
Newskin Facial	50 mins	\$114
Tres Homme Facial	50 mins	\$112
Men's Manicure	25 mins	\$44
Men's Zen Sports Pedicure	45 mins	\$75

BODY THERAPY

MASSAGE

Swedish Full Body Massage	80 mins	\$168
	50 mins	\$121
	25 mins	\$77
Relaxation & Tranquility	50 mins	\$121
Deep Tissue	80 mins	\$209
	50 mins	\$140
	25 mins	\$83
Scandle Candle Massage	50 mins	\$136
Candlelight Couple's Massage	50 mins	\$254

HOLISTIC THERAPIES

Indian Head Massage	25 mins	\$77
Reflexology	50 mins	\$121
Reiki	50 mins	\$121
Aromatherapy	80 mins	\$185
Hopi Ear Candling	50 mins	\$110

EXCLUSIVE TREATMENTS

Sinus and Headache Relief	25 mins	\$77
Massage Duet (Lesson)	70 mins	\$172
Pregnancy Treatment	80 mins	\$178
Post Natal Pick-Me-Up	70 mins	\$161

TROPICAL HEAT

Hot Roll Massage	80 mins	\$190
Hot Stone Massage	80 mins	\$185
Self Heating Ocean Mud	20 mins From	\$40
Airbrush Tanning by 'California Tan'	20 min	\$60
(Course of 5 Tans)		\$270

TONING—FIRMING—DETOXIFYING

Spa Peel Skin Polish	25 mins	\$77
Spa Peel Deluxe	40 mins	\$100
Marine Algae Body Masques	70 mins	\$160
(Detoxifying, Slimming, Contouring or Firming)		
Bermuda Shorts	70 mins	\$127
(Cellulite Treatment)		
Sea Essential Slimming Massage	80 mins	\$165
Back Hydradermie	70 mins	\$127
Hydradermie Buste	50 mins	\$134

PHYTOMER

DEPILATATION

WAXING

Eyebrow, Lip or Chin	\$22
Lip and Chin	\$38
Underarm	\$30
Bikini Line	\$33
Half Leg or arm	\$47
Three-quarter leg	\$59
Full Leg	\$67
Full Leg & Bikini	\$88
Brazilian	From \$60
Full Back	From \$68

ELECTROLYSIS

Electrolysis	up to 15 min	\$42
After 15 mins	per min	\$3

EARPIERCING

Gold Plated Studs per pair:	
Plain	\$50
Gemstones	\$55

SPA PARTIES

*Birthdays, Showers, Sweet Sixteens, we can customize a private spa party for you and your friends for any occasion.
E-mail: innersanctum@northrock.bm
Tel: 296-9009*

CANCELLATION POLICY

Treatment times are reserved especially for you. We operate a 24 hour cancellation policy, therefore credit card details may be required as we are obliged to charge in full for late cancellations and 'No Shows'.

MOBILE PHONES

For the comfort of our guests, we respectfully request that you switch off your mobile phones during your visit to the Spa or Salon.